
IES Santa Brígida English Wiki

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Blue light to stop Tokyo train suicides

Train companies in Tokyo have fitted lights on station platforms to avoid suicides. In 2008 Japan had nearly 2000 suicides by people jumping in front of trains. This number has increased due to poor economic conditions. Although this isn't a scientific fact, they think that blue lights calm people down and this changes their decisions to jump.

The Japanese railway company has invested \$170.000 to install the lights, but this money isn't wasted if they get results.

Macdonald's pulls out of Iceland

Obama declares H1N1 national emergency

President Obama has declared H1N1 influenza a national emergency in the USA. Experts predicted it could be one of the largest outbreaks in centuries. Hospitals are prepared for a much busier than usual flu season. Governments around the world have created awareness campaigns on how to prevent the spread of the disease and have stocked up on millions of doses of H1N1 vaccines. The WHO warns we still need to be careful.

Drinking wine can rot your teeth

Arctic ice may disappear in a decade.

Arctic ice is defrosting because of global warming. Recent research shows that the Arctic is likely to become open water each summer when sea ice will be completely gone. Besides, this will have consequences for the world like an increase of temperature and extreme weather events.

Laura.

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Mediterranean diets keep you happier

People who follow a Mediterranean diet are less likely to develop depression. Researchers from Spain's University of Las Palmas de Gran Canaria and the Clinic of the University of Navarra says it is still unsure why this diet reduces the likelihood of depression. This diet is very healthy and they suppose that if our mind and body are healthier, it seems natural we will be happier.

Scientists find oldest human ancestor.

The remains of 100 bones have been discovered in an Ethiopian village. Scientists say that the skeleton is 4.4 million years old. They have called it "Ardi" and they have said that it's a female who could walk on two legs but not for long distances. However, she could climb through trees. This is one of the most important finds ever because it shows an unknown stage of our evolution.

California abduction: mystery deepens.

Put more babies into care: UK Charity.

Veggie diet bad for kids.

Fillings for baby teeth a waste of time.

Children can "imagine" pain away.

Facial expressions are not universal, nameless or anonymous.

Taking a shower may be bad for you.

Alcoholism - Russia's "National disaster".

Scientists say water is on the Moon.

The oldest person in the world dies aged 115.

Sexting in teenagers.

Arctic ice may disappear in a decade.

Arctic ice is disappearing

The new report about the global warming predicts that the Arctic Ocean will be soon as a normal sea in the summers because there are happening big changes in the fragile ecosystems of the Arctic.

A new research predicts that in the Arctic a lot of ice will be released. The sea ice is decreasing, and the Arctic sea ice is very important for the Earth's climate. So they say that as the ice is disappearing, the world will be hotter. The forecasters predict an increase of disasters such flooding or more dangerous hurricanes. So the rich countries will have decrease their carbon emissions.

- Global warming: "A new report on global warming predicts..." – Calentamiento global.
- Arctic ocean- Océano Ártico
- Ecosystem: "the polar environment and its fragile eco-systems" – Ecosistema
- Ice – Hielo
- Forecasters: "Forecasters predict an increase..." – Meteorólogos
- Environment – Entorno/ medio ambiente
- Extreme weather events: "all kinds of disasters and extreme weather events." – Fenómenos meteorológicos extremos
- Flooding: inundación

- Predicts: predecir
- Shocking changes: cambios impactantes
- Currently: actualmente
- Consequences: consecuencias
- Disappear: desaparecer
- Report: informe
- Research: investigación
- Thinning: adelgazando
- patterns: patrones

- Currently
- Show: mostrar
- Within: dentro de (within a decade)
- Largely: en gran parte
- Whole: entero/ todo (whole world)
- Finding: resultado

China bride wears 2-km wedding dress.

Miley Cyrus quits twitter.

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[Héctor](#)

[Julia De Sardi](#)

[Aythami](#)

[Javier](#)

[Víctor Hdez](#)

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[Raúl](#)

[Ivonne](#)

[Julia Oliva](#)

[Erika](#)

[Carlos](#)

[Borja](#)

[Elisabeth](#)

[Fátima](#)

[Diego](#)

[Ricardo](#)

[Montse](#)

[Mario](#)

[Inma](#)

[Cathaysa](#)

2B (Click to Open)

[Samuel](#)

[Iralma](#)

[Diana Díaz](#)

[Lola](#)

[Natascha](#)

[Patricia](#)

[Néstor](#)

[Kike](#)

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[Jonás](#)

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[Idaira](#)

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Links to other websites

- [Burlington website for Bridges 2](#)
- [Good vocabulary website \(English/Spanish with pronunciation\)](#)

Coursework

- [Article reading sheets](#)
- Top 10 composition errors

Unit 1 - Health and Lifestyles

- [Unit 1 vocabulary](#)
- [Unit 1 grammar](#)
- [Unit 1 vocabulary and grammar test example activities](#)

- [Unit 1 Reading Exam text](#)

Unit 2 - Jobs and Employment

- [Unit 2 vocabulary](#)
- [Unit 2 grammar](#)
- [Unit 2 vocabulary and grammar test example activities](#)

 [Article assessment sheet.doc](#)

You can download the sheet from here. Please upload your article summaries and vocabulary lists to share them with the rest of the class.

[Articles for 19/10/09](#)

[Articles for 09/11/09](#)

Articles for 30/11/09

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Unit 1 Exam reading text

Being a vegetarian can cut your risk of cancer by a half, claim scientists.

Eating a vegetarian diet can almost halve the risk of developing some cancers, research suggests. A decade-long study in the United Kingdom has found that cancer is less common among vegetarians. Health experts have always thought that a vegetarian diet is healthier than one that includes meat, but this latest research is one of the biggest studies to compare cancers in vegetarians and non-vegetarians. The researchers tracked the health of 63,550 men and women aged between 20 and 89. They separated people into different groups – meat-eaters, fish-eaters, and vegetarians. The research team reported a “significantly lower” number of cancers among the fish-eaters and vegetarians compared with those who ate meat. The study suggests being vegetarian could protect people against cancer.

The findings of the research have been published in the March 2009 edition of the *American Journal of Clinical Nutrition*. Lead researcher Professor Timothy Key said his study was the first major research to look at the link between diet and cancer. Although it is widely recommended we eat five portions of fruit and vegetables a day to reduce the risk of cancer and other diseases, there is little evidence looking specifically at a vegetarian diet. “It suggests there might be some reduction in cancers in vegetarians and fish-eaters and we need to look carefully at that,” he said. Vegetarianism is on the increase around the world. People are becoming more and more health conscious and are eating less meat, or cutting it out altogether. While some people choose a strict vegetarian diet that excludes all animal products, which means no dairy products or honey, other less strict vegetarians eat eggs and fish.

Topic-specific vocabulary

General vocabulary

Vocabulary for writing

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[Food and a Healthy Lifestyle](#)

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HEALTH AND LIFESTYLES

Food and a Healthy Lifestyle

Add the Spanish translation of any words you can, please.

healthy -
unhealthy -
fast food -
junk food -
snack -
meal -
dish -
starter -
main course -
dessert -
protein -
carbohydrate -
vitamin -
mineral -
fat -

A Fat Man Walking

Add the Spanish translation of any words you can, please.

Topic-specific vocabulary (healthy living)	General vocabulary	Vocabulary for writing
personal challenge	aim	At first
weight loss	comfort	
self-discovery	car accident	
depressed	amazing walk	
overeating	different person	
lifestyle	the only way	

health	ordinary people
take control of	gradually
improve his health	possibly
lose his breath	immediately
get over the problems they	eventually
face	initially
	simply
	really
	figure out
	go wrong
	attempt
	reached the stage where
	it turned (Steve) into (a
	celebrity) - convertió (a Steve)
	en (famoso)
	his present lifestyle

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Perfect tenses

Sentence completion

Sentences suggested by 2º A

Complete the sentences with your own ideas.

By the time we arrived at the cinema the film had started./had already finished./ I had decided what film to watch. / the people had left the movie.

I have been playing football /living in Santa Brígida/ I haven't played with dolls since I was a child.

Have you been to the new shopping centre next to my house? Yes, I went shopping there last week.

By the time you reach the end of this exercise I will have done all my homework.

Have you finished your homework yet? No, I'm still on the first exercise.

Have you ever spoken to a famous person? Yes, I once spoke to Angelina Jolie.

By this time next week we will have finished school/ I will have passed my driving test.

..... since last Monday.

This is the first time

It was only the second time

Sentences suggested by 2º B

Complete the sentences with your own ideas.

By the time we arrived at the cinema the film had already started. /I had already bought the tickets. / they had been waiting for ten minutes

I've been painting-playing football-watching TV /I haven't played with dolls / I have loved films-rock music / I haven't been rollerblading since I was a child.

Have you ever been to/been shopping in Stradivarius-Siete Palmas-Las Terrazas? Yes, I went shopping there last week.

By the time you reach the end of this exercise I'll have done all the activities-homework. / I will have seen a film. / the bell will have rung. / I will have started the next one. / I will have finished everything.

Have you studied Philosophy /visited your grandparents / finished your homework-the problems / made your bed /read the book yet? No, I'm still doing homework / having lunch / doing it-them / having breakfast / on chapter 3.

Have you ever spoken to a famous person? Yes, I once spoke to Angelina Jolie.

By this time next week we will have played a football match. / I will have done all the exams / I will have studied a lot /I will have visited two countries.

I haven't played cards-visited my best friend-danced-met my grandfather / I have been studying for this exam-doing exercise since last Monday.

This is the first time I have taken a bus-slept out of my house-travelled to another country-played in a basketball team-eaten sushi-travelled by plane-seen a snake.

It was only the second time (that) she had seen the sea /I had been alone in my house /she had gone to the beach with her boyfriend / I had seen the film on TV /I had seen a lion /I had gone there /I had danced.

Grammar

1. Complete the text with the verbs in brackets in the appropriate tense.

Yesterday everything went wrong for me. My alarm clock didn't work so by the time I woke up, I (miss) the bus. So then I (must) walk to school. And it (rain). By the time I got to school, classes (start) so I (run) to the classroom. While I (open) the door, I(remember) that we had a test. The teacher asked me, "Where you (be)? Some of the students(already finish) the test." "I'm sorry," I said, "I overslept. Please give me the test now. I promise that by the time the bell rings I (finish) it."

2. Read the situations and complete the dialogues appropriately.

You see that your friend has got a new mp4 player.

You ask her:

She answers, "Since my birthday. I bought it with some money my uncle gave me."

You:

She answers, "At that new Electronics shop in town."

Your teacher asks you:.....?

You answer, "I'm sorry, I couldn't finish it."

The teacher says, "Well, you must give it to me by tomorrow."

You:

3. Correct the errors.

1. I know my boyfriend since we were young.

2. You are late again! I am waiting here since 10.30.

3. Steve began his walk because he had an accident a few years before.

4. How long were your parents going out before they got married?

5. I hope the concert will haven't started by the time we arrive.

4. Complete the sentences with your own ideas.

1.yet? No, I'm still working.

2.? Yes, I once spoke to Angelina Jolie.

3. By this time next week

4. since last Monday.

5. This is the first time

Vocabulary

1. Choose 5 of the following words or expressions and for each write EITHER a sentence that demonstrates its meaning OR a short definition.

flavour strength
diet gain weight
nutritious exhausted
face (v.) attempt (n.)
health discomfort

2. Complete the following dialogue with suitable vocabulary.

AT THE DOCTOR'S CLINIC

Patient: Good morning, Dr Peterson.

Doctor: Good morning. How can I help you?

Patient: I haven't been feeling well lately. I'm getting enough sleep but I'm (1) all the time.

Doctor: Have you lost your (2) as well?

Patient: Yes. I just don't feel like eating, and I've been (3) My clothes are all too big on me.

Doctor: Do you feel any pain or (4) ?

Patient: No, not really. I just don't have the (5) to work or to study.

Doctor: We'll have to do some tests, but actually, I think the problem may be your (6)

Patient: Really?

Doctor: Yes. I want to make sure that you're eating properly. You should always eat a (7)

Patient: I don't have time to prepare my own meals, so I eat a lot of (8) meals.

Doctor: That kind of food isn't very (9) You'll have to change your eating habits. In addition, I think you should take (10)

Patient: That sounds like a good idea. Thank you, doctor. I feel better already!

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Reported Speech

Links to web resources

- [Explanation of reported speech and 4 exercises](#)
- [Explanation of reported questions and 4 exercises](#)
- [A revision exercise](#)

More reported speech practice exercises

Download this document for 7 more activities. Then download the solutions and check your answers.

 [Extra indirect speech practise.doc](#)  [Extra indirect speech practise solutions.doc](#)

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[Grammar](#)

[Question 1. Complete the text with the verbs in brackets in the correct form.](#)

[Question 2. Complete the dialogues in an appropriate way.](#)

You can't edit this page so copy and paste the exercises to your personal page to do them.

Grammar

Question 1. Complete the text with the verbs in brackets in the correct form.

The global economic slowdown (hit) the car industry hard. Chrysler (just announce) that it will cut its office staff by a quarter. This means 5,000 employees (lose) their jobs. Last week the head of Chrysler, Bob Nardelli, (send) his workers an e-mail and told them that car sales (not fall) so fast since the 1920s. Mr. Nardelli also had bad news for his factory workers. If the economy does not improve, Chrysler (must) fire 1,825 workers at two of its assembly plants.(reduce) the workforce will save Chrysler billions of dollars, but the changes cannot (make) quickly. Ninety per cent of its market is in the USA and at the moment consumers (find) it very difficult to borrow money (buy) cars. What's more, the company depends on sales of its sports utility vehicles, which (consume) enormous amounts of petrol, but American car buyers today (want) to buy smaller, more fuel-efficient cars.

Question 2. Complete the dialogues in an appropriate way.

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JOBS AND EMPLOYMENT

Jobs and workplaces

1. A flight attendant (or air steward/stewardess) works on a plane.
- 2.
- 3.
4. A doctor or a surgeon works in a hospital.
- 5.
6. A teacher works in schools.
7. A policeman works in streets and the police station.

Job requirements and personality characteristics

1. A flight attendant needs to have an attractive appearance.
He or she needs to be
- 2.
- 3.
- 4.
- 5.
6. A teacher needs to have a university degree, good people skills and a good professional training.
He or she needs to be patient, creative, friendly and organised.
7. A policeman needs to have a physical strength and professional training.
He or she needs to be courageous, adventurous and organized.

The pictures on pages 16-17

- 1.
- 2.

- 3.
4. These people are doctors who are looking at a x-ray and they work in hospitals. They need to have medical machines to make x-rays, they also need operating rooms and instruments for the operations like scalpels or stethoscopes. They should be vocational, calm, helpful, polite, friendly and reliable.
- 5.
- 6.
- 7.
- 8.

Student wins municipal elections

Topic-specific vocabulary

- Mayor-> Alcalde
- Elections-> Elecciones
-

General vocabulary

- Aim: Objetivo
- Office-> Oficina
- aware-> consciente

Vocabulary for writing

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Type in the content of your page here.

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Here are links to pages about each of the units of the book and other things...

Unit 1

[Grammar exercises](#)

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[Past simple](#)

Present simple and present continuous

Here are some links to webpages with exercises involving these two tenses.

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- [Exercise 1](#)
- [Exercise 2](#)
- [Complete the text](#)
- [Choose the correct form 1](#)
- [Choose the correct form >](#)
- [Choose the correct form 3](#)
- [Choose the correct form 4](#)
- [Broken Down Blues](#)

Past simple

- [Complete the sentences](#)
- [Complete the text](#)
- [Put the words in order](#)

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- [_ 2bb-sara](#)
- [_ 2bb-idaira](#)
- [_ 2bb-laura](#)
- [_ 2bb-beatriz](#)
- [_ 2ba-fatima](#)
- [_ 2bb-patricia](#)
- [_ 4bil-ivonne](#)
- [_ 2ba-montse](#)

Hi! Welcome to Michael's Wiki for IES Santa Brígida students.

There's a page for each course I teach, so click on the link to your page and start contributing!

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Article assessment sheet

Arctic Ice May Disappear in a Decade

Arctic ice is disappearing

The new report about the global warming predicts that the Arctic Ocean will be soon as a normal sea in the summers because there are happening big changes in the fragile ecosystems of the Arctic.

A new research predicts that in the Arctic a lot of ice will be released. The sea ice is decreasing, and the Arctic sea Ice is very important for the Earth's climate. So they say that as the ice is disappearing, the world will be hotter. The forecasters predict an increase of disasters such flooding or more dangerous hurricanes. So the rich countries will have decrease their carbon emissions.

- Global warming: “A new report on global warming predicts...” – Calentamiento global.
- Arctic Ocean- Océano Ártico
- Ecosystem: “the polar environment and its fragile eco-systems” – Ecosistema
- Ice-Hielo
- Forecasters: “Forecasters predict an increase...” -Meteorólogos
- Environment – Entorno/ medio ambiente
- Extreme weather events: “all kinds of disasters and extreme weather events.” -Fenómenos meteorológicos extremos
- Flooding: inundación

- Predicts: predecir
- Shocking changes: cambios impactantes
- Currently: actualmente
- Consequences: consecuencias
- Disappear: desaparecer
- Report: informe
- Research: investigación
- Thinning: adelgazando
- patterns: patrones

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- Largely: en gran parte
- Whole: entero/ todo (whole world)
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Simple questions

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School and classroom vocabulary

- [click on School \(verbs and nouns\)](#)
- [click on School A](#)
- [first review, then play the game](#)

 [Encuesta_fin_de_unidad.doc](#)

The Malted Units

[My New School](#)

[The Town](#)

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giving directions

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[Giving directions: 3 exercises and 1 listening exercise](#)

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[Giving directions \(a little more difficult\)](#)

[Santa Brígida activity \(para entregar\)](#)

